

THE ORGANIC MASCULINE

Cheat Sheet

What is masculinity anyway?

♂ When your heart naturally and innately recognizes masculinity, that is the true masculine

♀♂ One part of a primal trinity, with the feminine & androgyne

♂ A morphic field constellating through sex, gender, & archetype

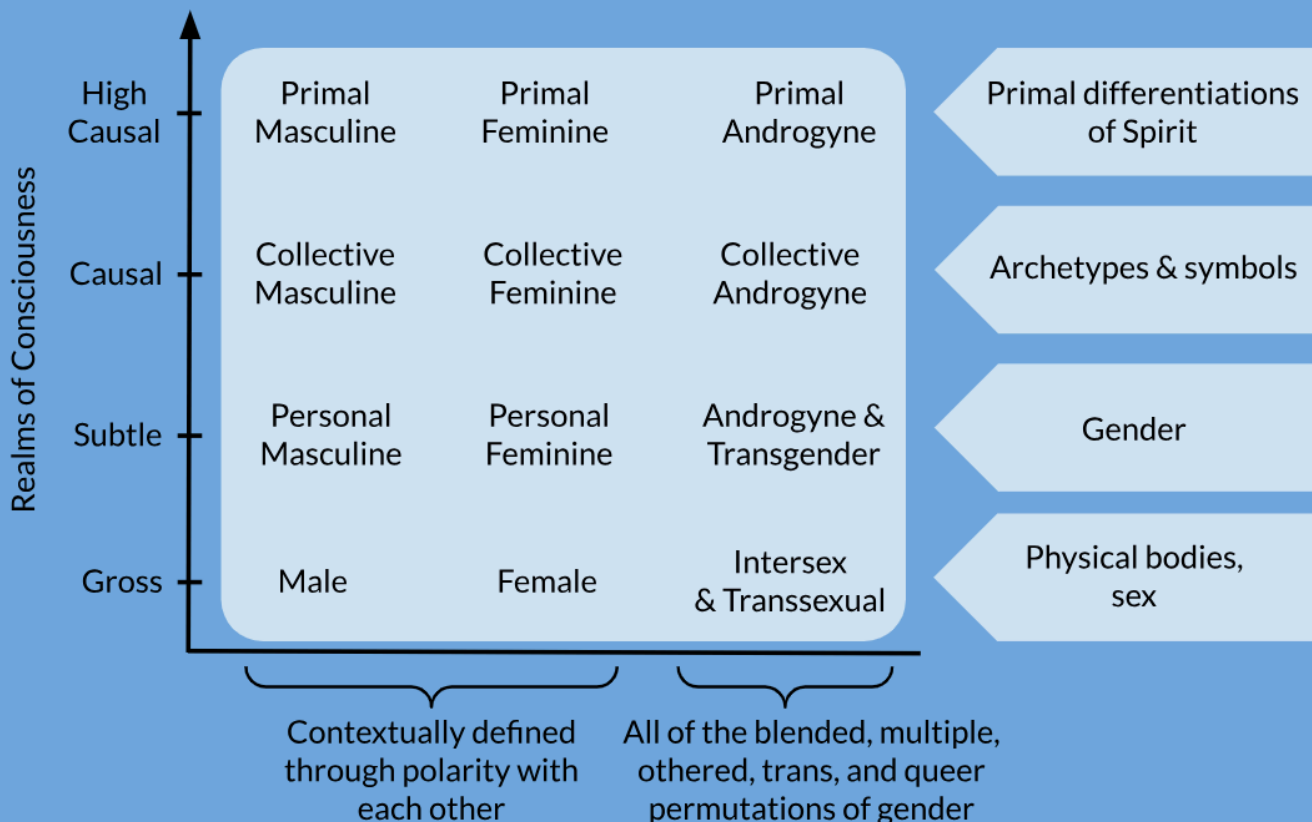


There are many masculinities, for example:

The Organic Masculine is the life-affirming, sacred, & universal core of masculinity

Hegemonic Masculinity is a few men wielding power over others

Disaffected Masculinity is resentful and disconnected from its own vitality

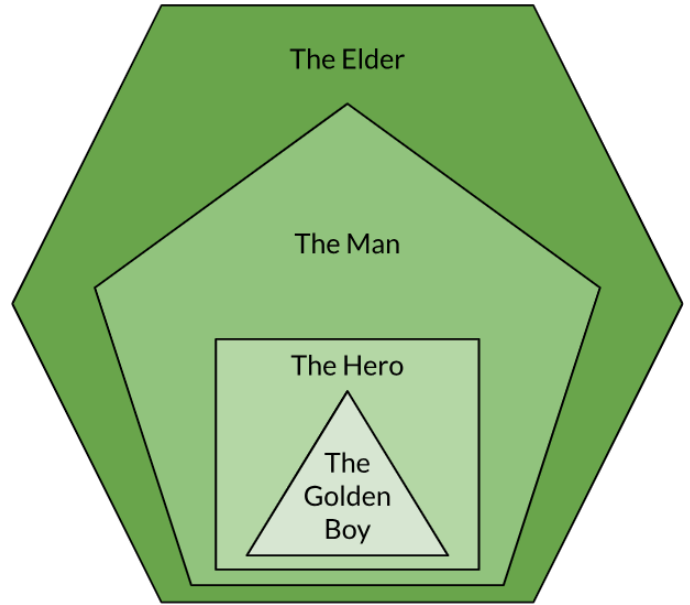
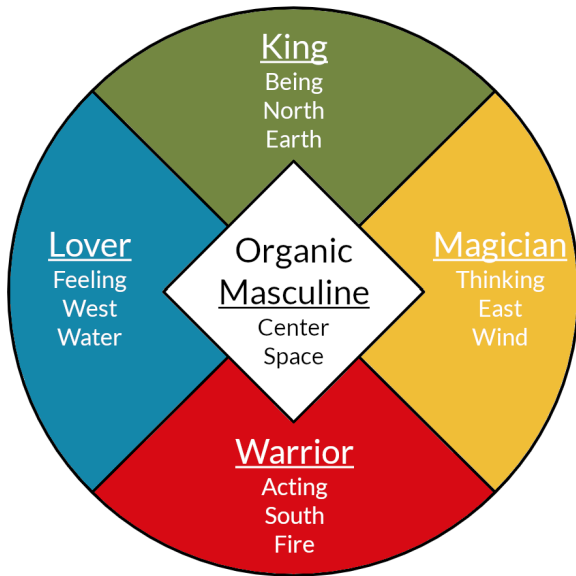


The Masculine Psyche can be divided into

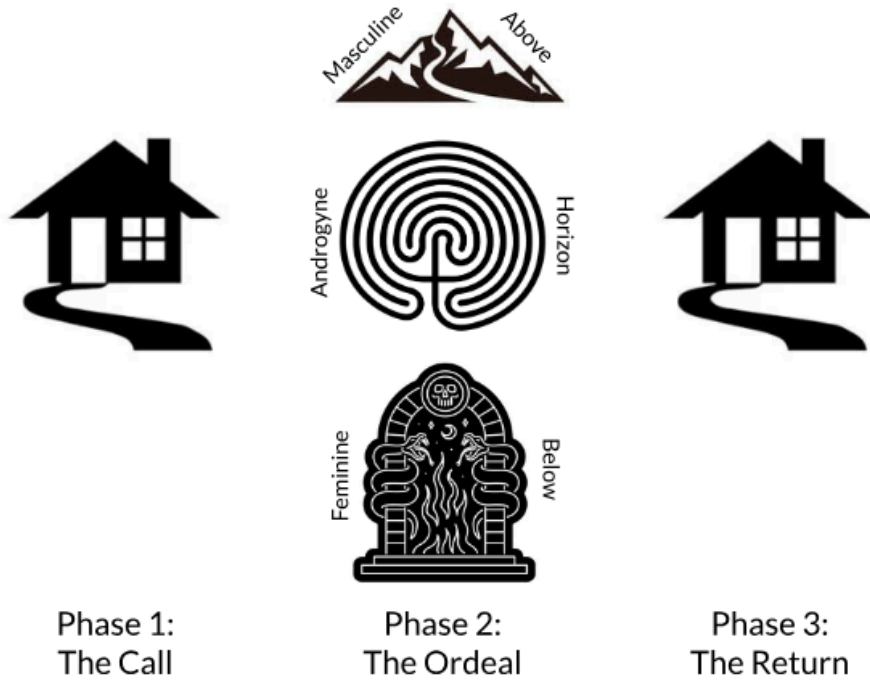
Archetypal Parts

and

Archetypal Roles



Each of these mature through the process of initiation

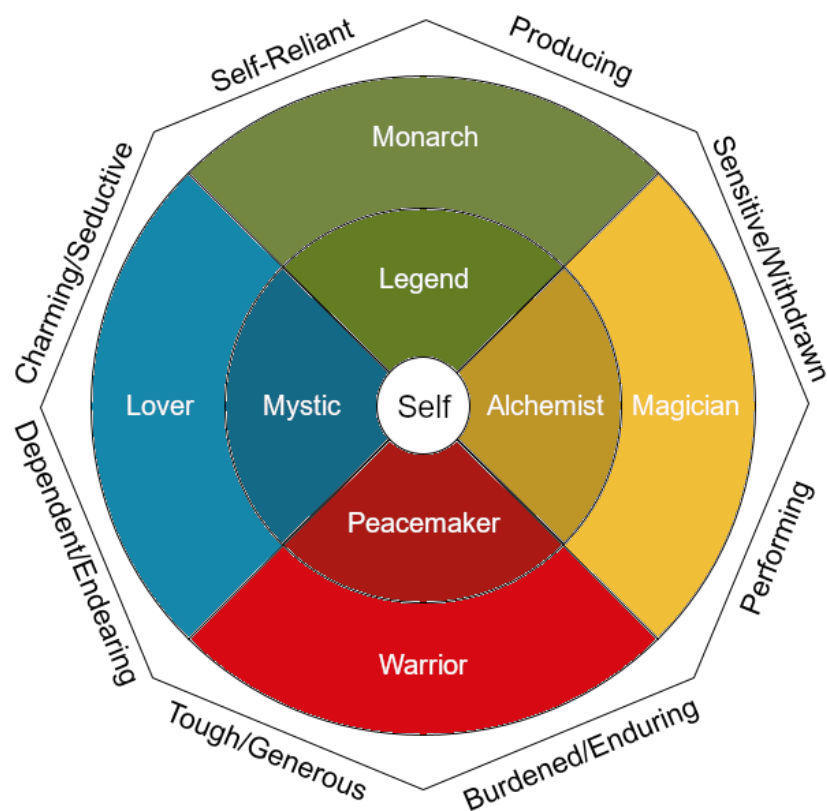


Phase 1:
The Call

Phase 2:
The Ordeal

Phase 3:
The Return

Through initiation I access sacred space and *the center*. Here, the collective power of the archetypes radiates, the grace of Spirit descends, and the abundance of Source pours through. I must move away from the equilibrium of normal life and into nonlinear mystical realms. In this journey, I am stripped of my normal identities and personalities. This frequently takes the form of a psychological death and rebirth. I emerge on the other side of this experience elevated to a new level of empowerment. I mature through the archetypes.



The archetypal psyche has four parts that mature through three stages. The first immature stages are called character strategies, of which there are eight. As children in a world that is not perfectly attuned to us, we use these strategies to meet our needs for survival, love, and belonging. As adults, the four archetypal parts are the Magician, Warrior, Lover, and Monarch. Each integrated archetype rests on the foundation of two immature character strategies, one externally focused and the other internal. If one continues to mature to trans-egoic levels, the archetypes take on transcendent and collective qualities as the Alchemist, Peacemaker, Mystic, and Legend. At the center of the adolescent archetypes is the ego. At the center of the integrated adult archetypes is the soul-self. At the center of the trans-personal archetypes is the Self.

Character Strategy	Overview
Performing	Need for attention through drama and performance
Sensitive / Withdrawn	Retreat from overwhelming emotions and world. Survival response
Tough / Generous	Hides vulnerability. Connection through the illusion of power
Burdened / Enduring	Pleasing and putting others' needs first. Freedom costs connection
Charming / Seductive	Hides authentic desires. Connection through an attractive identity-mask
Dependent / Endearing	Needing others' support. Fear of abandonment
Producing	Achievement and self-criticism to earn approval and belonging
Self Reliant	Others cannot meet my needs, only I can take care of myself

Archetype	Quality	Transcendent	Transc. Quality	Transcendent Overview
Magician	Thinking	Alchemist	Imagination	Channels the powers of the kosmos
Warrior	Acting	Peacemaker	Compassion	Brings peace through compassion
Lover	Feeling	Mystic	Devotion	Devotion toward the Beloved
Monarch	Being	Legend	Blessing	Redefines the ideal of human possibility

Based on the book, *The Organic Masculine* by Matt Sturm, organicmasculine.com

The Magician



The Magician is the part of the psyche that is the seeker of truth. He offers us the curiosity to explore the universe and to answer the question, "Who am I?" He represents the insatiable desire to understand and to know. He is the source of devotion to our spiritual path and discipline to perfect our craft. The Magician accesses the esoteric powers of the kosmos. As our guide from the mundane into the sacred, he is the one who leads us into wholeness. As an external agent, the Magician is a guru, mentor, or teacher. He is Merlin to King Arthur, Moses to the Israelites, and Virgil to Dante. The Magician is the initiator into the mysteries. He provides guidance and council for the arduous path of transformation. Thinking is the quality of the Magician, which properly includes all mental activity. In its broadest context, the Magician is an explorer and channeler of consciousness. Reasoning, the use of language, imagination, dreaming, intuition, meditation, prayer, and concentration are all functions of the Magician. Throughout cultures and history, the role of the Magician has been as a healer, guide, and tender of sacred space on behalf of the people in his community.



The tool of the Magician is the wand. This is how he conducts the creative life-force of the kosmos into form. On a deeper level, the Magician makes himself into the wand.



A power spot is the place where the Magician accesses the axis mundi, the center of the world. In this place, we connect with sacred space and life-giving energy.



The Tarot deck is the book of archetypes for western consciousness, known as the *Book of Life*. Each card is an activating symbol which reaches back into the origins of our culture.

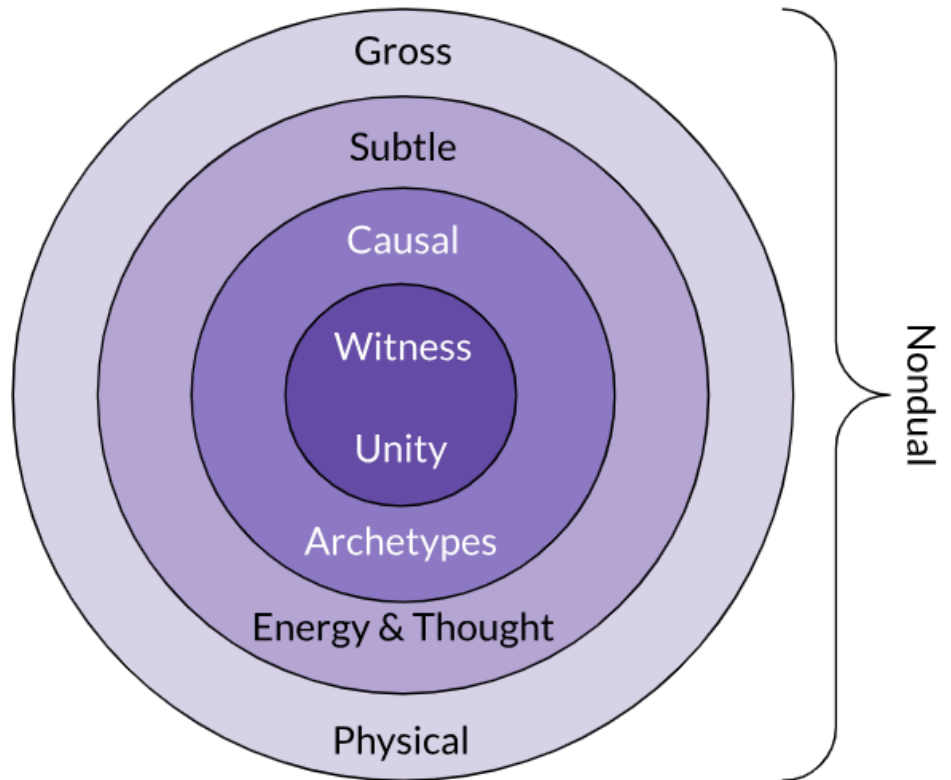
States and Paradigms of Consciousness

A *state of consciousness* is a transitory experience of awareness. My state is defined by the contents of my moment-to-moment reality.

The Gross state is my everyday waking consciousness that exists in the 3-dimensional, physical world with a past, present, and future.

The Subtle state is my experience of subtle energy, life-force, and vitality. It includes prana, chi, chakras, dream imagery and thoughtforms.

The Causal state holds the archetypes, forms, and first principles. It is home to the store-house consciousness, the *alaya vijnana*.

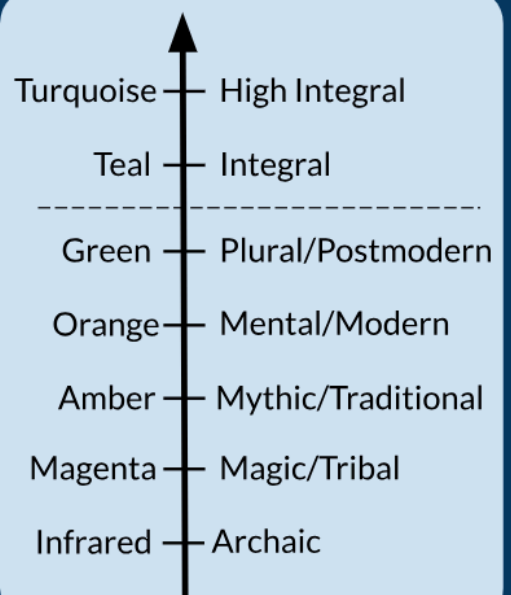


The Witness state is what I experience in deep dreamless sleep. It is awareness without any object - simply *pure witnessing*. This state is variously called unity consciousness, emptiness, or the void.

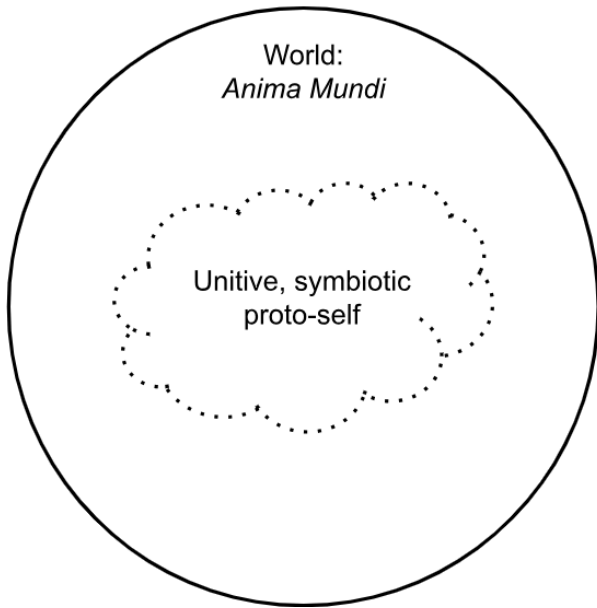
Nonduality is the union of the witness state with the totality of all phenomena. This state is variously referred to as enlightenment, liberation, awakening, and realization. It is called *suchness* or *thusness* - the totality of existence exactly as it is.

Humans weave together coherent *worldviews* or *paradigms of consciousness*, which are organizing stories about the nature of self and reality. Paradigms contain the values, assumptions, beliefs, myths, identities, and purpose for an individual or a culture. The paradigm is the interpretive lens through which we translate reality, and becomes the mechanism by which we define reality.

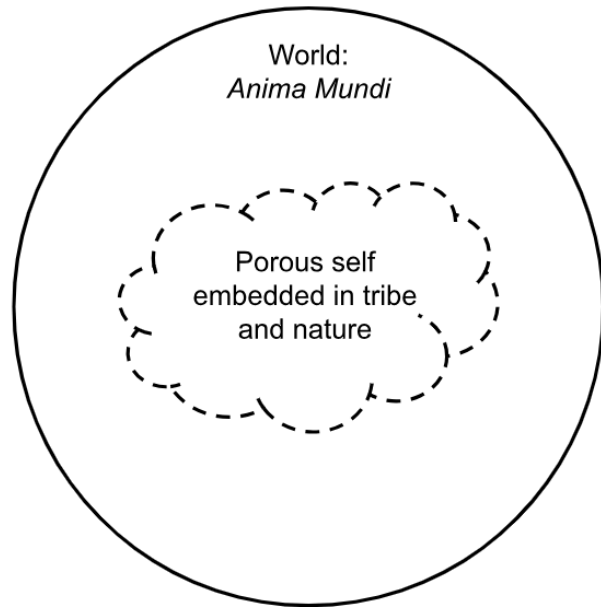
Each paradigm is transcended and included as I grow. I move to a higher level (transcend), while incorporating the cognitive capacities of the lower level (include). As I step to a higher paradigm the old organizing story is negated by the next story, while the developmental gifts are preserved as a part of the larger whole. Thus, these worldviews form a developmental ladder for the evolution of consciousness.



The Archaic Paradigm



The Magic/Tribal Paradigm



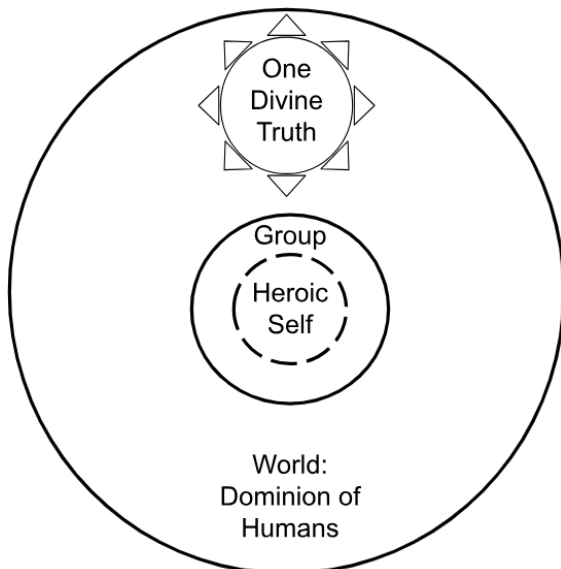
The Archaic Paradigm is defined by total immersion into the environment. This is the paradigm each of us was born into.

In the Magic/Tribal Paradigm, my psyche emerges and separates from the environment in a dream-like way, and the social units are tribes or clans.

The Mythic/Traditional Paradigm is home to the heroic ego focusing on belonging within a chosen group defined by authority and myths.

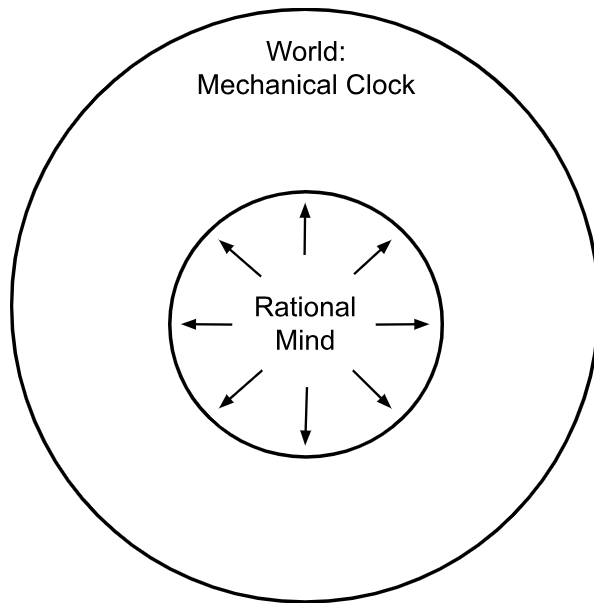
Self	Dreamlike self with subject/object fluidity
Nature	Living spirit world, <i>anima mundi</i>
Values	Safety
Motivation	Fear and emotions
Truth	Will of the gods, shamans, & chiefs
Spirituality	Animism, Shamanism

The Mythic/Traditional Paradigm

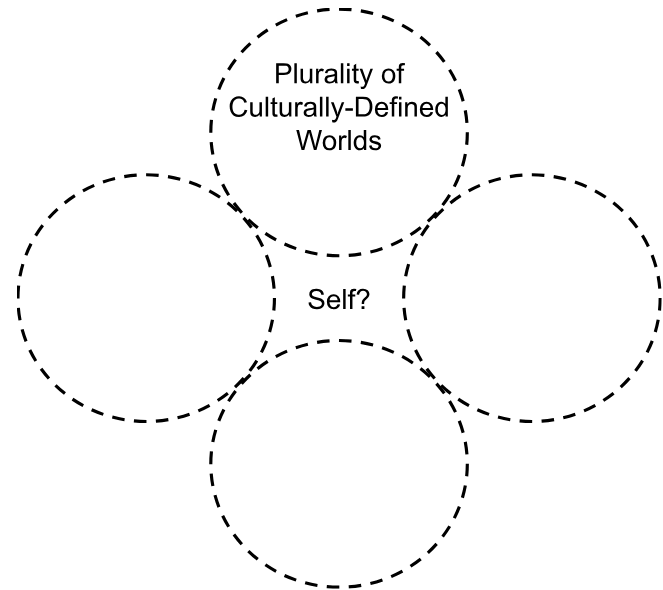


Self	The hero, the chosen one
Nature	To be conquered and ruled, or evil
Values	Belonging, conforming, tradition
Motivation	Loyalty, salvation
Truth	Monotheistic God, religion, myths
Spirituality	Organized religion

The Mental/Modern Paradigm



The Plural/Postmodern Paradigm

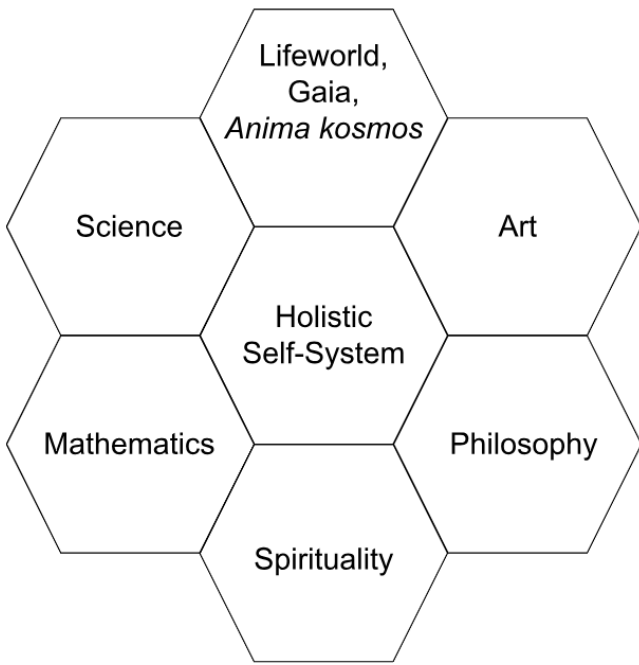


	The Mental/Modern Paradigm	The Plural/Postmodern Paradigm
Self	The rational mind	Socially constructed and deconstructed
Nature	Governed by science, resource extraction	Victim of humanity's greed
Values	Logic, achievement	Sensitivity, nonviolence
Motivation	Competition, prestige	Justice, inclusion, sustainability
Truth	Science and philosophy	No "Truth", relativism
Spirituality	Agnosticism, atheism	Humanitarianism, New Age

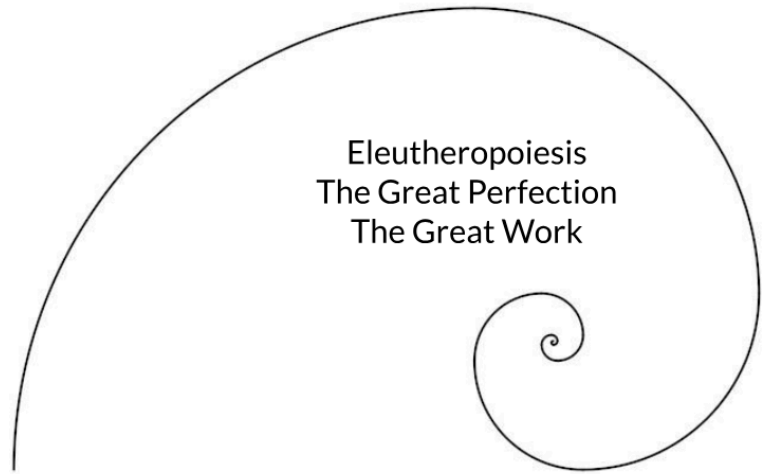
The centerpiece of the Mental Modern Paradigm is the rational mind with its capacity to comprehend the universe through logic, reasoning, and the scientific method. Psychologically, this stage represents the fruition and fullness of the egoic self. My focus is on competition, achievement, and status. I am satisfying *esteem needs* from within *achievement consciousness*. This paradigm was founded during the Western Enlightenment and is known as *scientific materialism*. The universe is composed of physical stuff acting according to natural laws which are described by mathematics and are discernable through the scientific method.

In the Plural/Postmodern Paradigm, I recognize that my identity is largely constructed by personal, familial, and cultural conditioning. Socialized identity-layers like race, gender, and class begin to peel back from the self. These identities are deconstructed. At the collective level, postmodernism arose in the 1960's and has been gathering momentum ever since. My focus is on sensitivity as I gain a world-centric moral compass, increased valuation of diversity, and a drive toward activism. In this paradigm, I'm fostering reparation, social and restorative justice, environmental sustainability, and social inclusivity.

The Integral Paradigm



The High Integral Paradigm



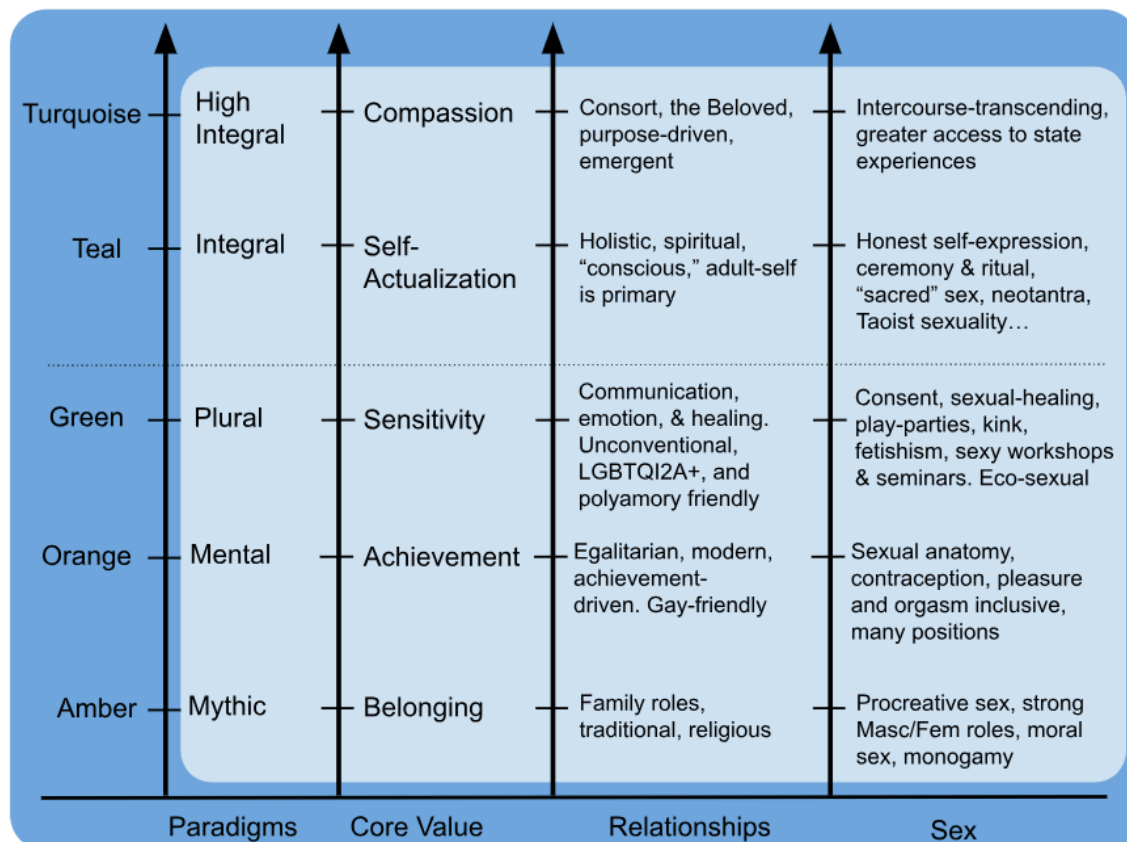
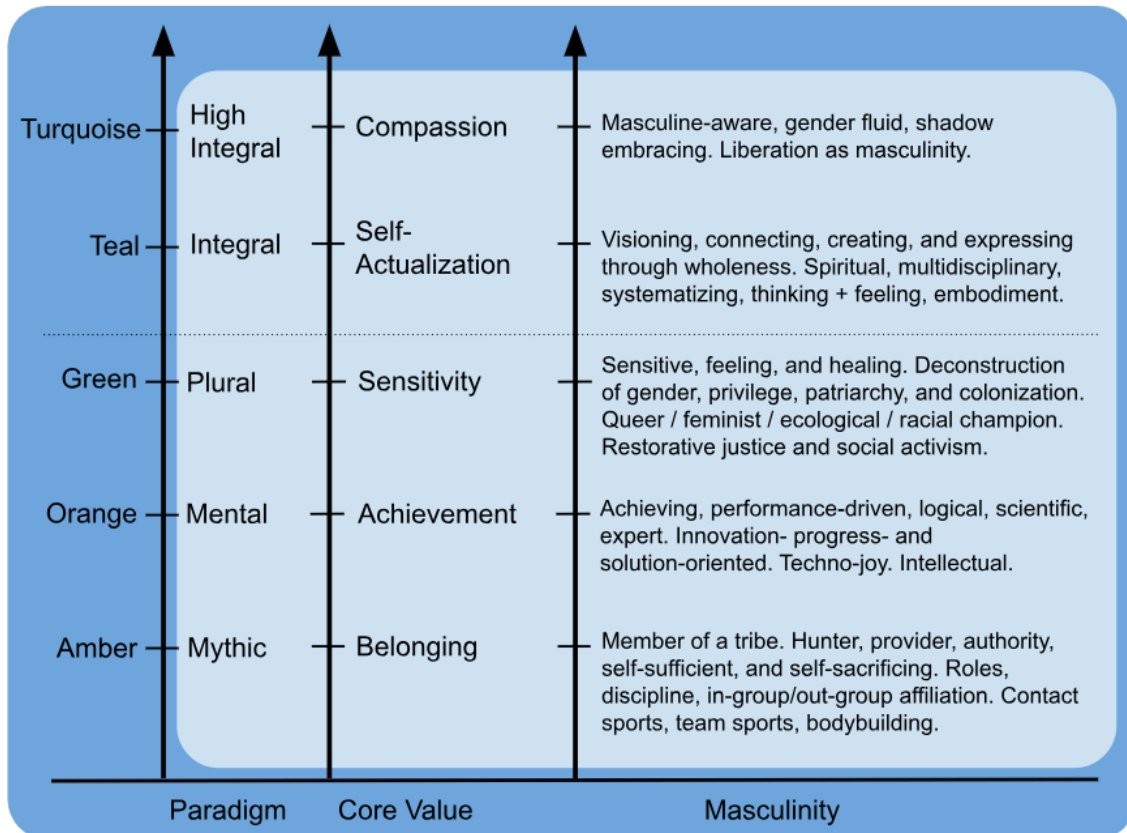
	The Integral Paradigm	The High Integral Paradigm
Self	Holistic self-system	Kosmo-centric process
Nature	Web of life, Gaia	Web of life
Values	Self-actualization, evolution	Compassion
Motivation	Wholeness, interconnection	Construct- and ego-transparency
Truth	Integration of science and spirituality	Present experience
Spirituality	Panexperientialism	Eleutheropoiesis

At the Integral Paradigm, I am able to find my core self and make a coherent whole of all my different internal parts. I view the self as the regulator of my self-system which is embedded within relational, cultural, and natural systems. With an increased level of sovereignty, I am able to intentionally generate meaning in my life. I begin to choose the story I tell about self and world. Integral is also known as autonomous for this capacity to generate meaning. This leads to self-actualization, which is the core value of integral. The Integral focus is on creating larger unities and understanding the interrelation and evolution of holons (ie: parts and wholes).

In the High Integral Paradigm of consciousness, I become more and more aware of the processes of my ego: how I select for comfort and safety, how I work toward self-aggrandizement and perfection, and my attempts to own, control, track, and understand reality. The ego becomes increasingly transparent to itself. Thus this paradigm is referred to as Ego Aware. High Integral is also known as Construct Aware because individuals at this level understand the ways that language and concepts construct a seemingly permanent and objective world out of the dynamic ungraspable flow of reality. The core value of High Integral is compassion.

Holarchies of Masculinity, Relationships, and Sex

Each paradigm holds a unique, internally-valid expression of masculinity, which expresses through stage-specific forms of relationships and sexuality.



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