

**THE
ORGANIC
MASCULINE**

LORE BOOK I: THE MAGICIAN
An Integral & Archetypal Workbook for Men



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Chapter 1 - The Archetype of the Magician

How do you experience the Magician within?

Which people in your life have served as Magicians for you?

What famous Magicians from pop culture and mythology do you admire or identify with?

Draw a self-portrait of the Magician within you.

Chapter 2 - Mythos of the Magician—Black Elk

What is the Magician's relationship with power?

Where does it source and how does he use it?

What mystical experiences have you had?

Tell the story of the most important mystical experience in your life.

The child Black Elk was afraid to share his vision because his people would think he was crazy.

What vision or mission have you received that you have not yet shared with the world?

Chapter 3 - Accessing the Magician

How does skepticism work both for and against accessing the magic of the Magician?

Besides those listed here, what other tools help to access your Magician?

What sacred lore or specialized knowledge have you learned to access, and how do you use it?

Chapter 4 - The Gift of the Magician: Consciousness - N/A

Chapter 5 - The Psyche

What parts of yourself do you deny, repress, or exile?

What parts of yourself do you refuse to give love?

Draw a picture of your shadow.

Which archetypes do you feel most connected to? How do you relate with these archetypes?

Chapter 6 - States of Consciousness

Recall a mystical experience you had in as much detail as possible. How has this experience shaped your life?

How does reality function in dream-space: time, location, distance, relationship, and so on?

What clues does this offer about metaphysics and mechanics of the subtle realm?

Describe Enlightenment. Describe the void. Describe God. Knowing that these are indescribable, do your best anyway.

Chapter 7 - The Evolving Kosmos

Give examples of how you observe evolution unfolding for the physical universe (physiosphere), organic life (biosphere), and human consciousness (noosphere).

What parts or sub-holons had to come together to form the wholeness of you as a human?

What larger wholes do you participate in as a part?

In what ways are you original?

Chapter 8 - Paradigms of Consciousness: First Tier

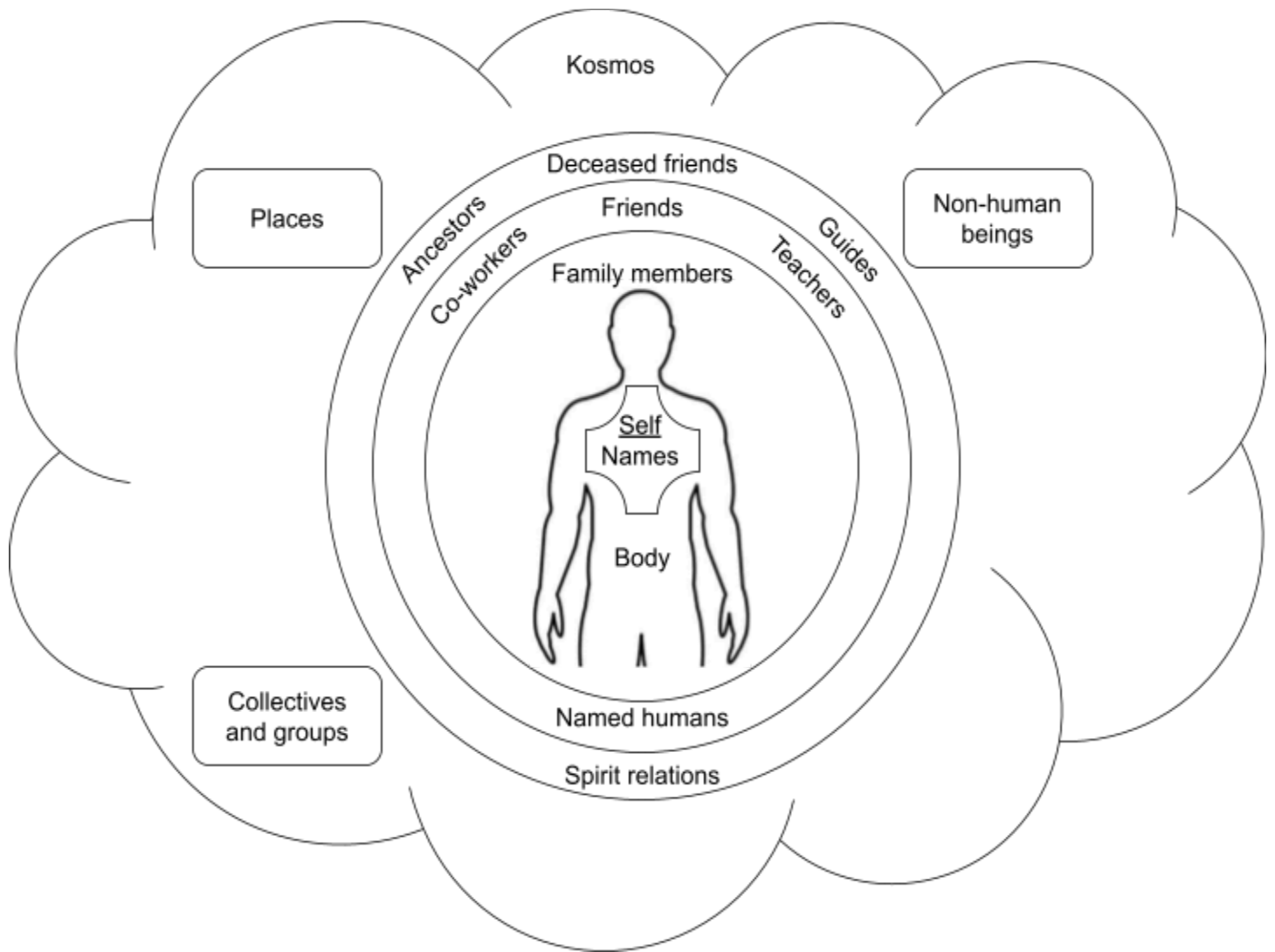
Find the place where each paradigm lives within yourself by filling out this table:

	Mythic / Traditional	Mental / Rational	Plural / Postmodern
Favorite Books			
Favorite Movies			
Favorite Celebrities			
Favorite Leaders			

Create a Personal Self-World Map¹

1. On a large piece of paper, draw a shape to represent the structure of the kosmos that you live in.
2. Within the kosmos, draw another shape to represent yourself. List your full name given at birth and any other names you have used.
3. Draw your relationship with your body-image, sex, heritage, and any other features of your physical body.
4. Add a name, symbol, color, or shape to represent each of your core family relations - parents, siblings, partners, children, grandparents, grandchildren, etc...
5. Draw or list all other humans whose names you know and are connected to by friendship, work, or shared interest.
6. Draw or list the souls of deceased ancestors, friends, and teachers. Add in any spirit guides, angels, or spiritual beings who do not occupy physical form.
7. Draw or list your important relationships with non-human beings. This includes animals, pets, plants, and neo-shamanic spirits of animal and plant allies.
8. Draw or list your relationships with collective groups including family, communities, subcultures, nationality, religion, etc...
9. Draw or list the significant places in your life, including current residence, childhood home, workplaces, schools, ancestry, etc...

¹ Adapted from Metzner. *Ecology of Consciousness*.



Sample self-world map

Chapter 9 - Paradigms of Consciousness: Second Tier

Integral comes online through the process of embracing all prior paradigms. To the extent that I hold judgments of others or myself at these paradigms, I am holding myself back from Integral. To work these edges, fill out the table below:

	Mythic / Traditional	Mental / Rational	Plural / Postmodern
What I judge in others			
What I judge in myself			
What I am ready to forgive			
What I can celebrate			

Where do you hold agendas for your own growth and evolution?

Where do you hold agendas for the growth and evolution of other people and groups?

What does compassion mean to you?

Chapter 10 - Transpersonal Structure States

How do the cognitive processes of thinking, judging, and managing separate the ego from phenomena?

Describe an experience of being in a flow state.

How does flow change your experience of subject, object, space, and time?

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How do you experience aliveness?

What in your experience is not an aspect of aliveness?

What is your relationship with prayer, mantra, or chanting?

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Who am I?

What is consciousness?

Describe the kosmos and your place in it.

Chapter 11 - The Masculinity Hierarchy

	My masculine gifts	My masculine judgements and shadows
High Integral		
Integral		
Plural		
Mental		
Mythic		

Chapter 12: Relationship and Sex Hierarchy

For each romantic relationship in your past, which paradigm held that relationship?

In your friendships and family relationships, which paradigm holds that relationship?

For the sexual connections in your past and present, which paradigm holds that connection?

Chapter 13 - The Archetypes

When did you become an adolescent—an archetypal hero? What marked that occasion?

When did you become an adult—an archetypal man? What marked that occasion?

How do you recognize your soul self?

How do you understand your dharma, or path, in this life?

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When and how have you experienced sacred space?

What initiations are you missing or needing in your life?

In what ways are you avoiding the call in your life?

What is your relationship with death?

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What messages have you received from Self/Spirit recently? How did you receive them?

What are the most prevalent cultural or religious myths in your life? What symbols lie beneath them?

Chapter 14 - Magician, Warrior, Lover, Monarch

For the Magician's character strategies, performing and sensitive/withdrawn, share about a time that you experienced yourself in each role.

Where does the Magician show up for you across mind, body, spirit, relationships, work, and nature?

How does your Magician interact with the other archetypes: Monarch, Warrior, and Lover; Masculine, Feminine, and Androgyne?

Imagine yourself as the Alchemist—what would change from where you are today?

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From the list of character strategies, which one or two are strongest in your personality?

Which transpersonal archetypes feel alive in you today?